FEBRUARY 2025

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MARCH 2025

Due to COVID, no walk-ins are accepted Pre-registration or private appointments only Appointments booked 7 days/week Parties booked Friday - Sunday



www.floorplaydance.com 302-307-9126 hello@floorplaydance.com
 APRIL 2025

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	1
						1pm Captivate: The Art of
Parties and Private lessons	Playgrounds (Practice Time)	55-min, Live Classes:	2-hour Workshops			Solo Performance Wrkshp
are booked seven days a	One/\$12, Fifteen/\$100	Single drop-in \$25	\$50 per person			3:10p Intermediate-level
week.	expires in five months	Four/\$90, Eight/\$170	transferrable to PoleStudio			Freedom Swing Review
	-					6p NAUGHTY GRAS
2	3	4	5	6	7	8
12:50 Writing Your Story Through Your Chakras	9:20a Vinyasa Flow		9:20a Vinyasa Flow			latera ellater la cal
						Intermediate-level
2pm Playground		4:20p Playground - Hall			5:30p Energy Cleanse Flow	3:10p Freedom Swing Review
	7:50p Chair-lesque ^{3/6}			6:40p Empath Energy Cleansing Sound Bath	9pm Playground	WCS Practice Social 7:30-9:30p
9		11	12			
9a Sounds o'Serenity Sound Bath	9:20a Vinyasa Flow	11	9:20a Vinyasa Flow	7am Grand Risings Flow		15
12:50p WriteYourStory ThroughChakras	7.200 VIIIyasa 110W		1pm Beginner Line Dance	4:20p Restorative Flow		
		4:20p Playground - Hall	2:15p Imrpover Line Dance	4.200 Residiative now		
2pm Playground		1.20p Haygroona Hair				Intermediate-level
	7:50p Chair-lesque 4/6		5:55p Slay 'N Slow Motion		9pm Playground	3:10p Freedom Swing Review
16		18		20		22
12:50 Writing Your Story Through	9:20a Vinyasa Flow		9:20a Vinyasa Flow	-	OF THE BELLY Ocean City, Ma	iryland
12:50 Writing Your Story Through Your Chakras	9:20a Vinyasa Flow		9:20a Vinyasa Flow	-		iryland
	9:20a Vinyasa Flow	4:20p Playground - Hall	9:20a Vinyasa Flow	-		ryland
	9:20a Vinyasa Flow	4:20p Playground - Hall	9:20a Vinyasa Flow	-		ryland 2 - 4 pm Reiki Share
Your Chakras	9:20a Vinyasa Flow 7:50p Chair-lesque ^{5/6}	4:20p Playground - Hall	9:20a Vinyasa Flow	ART	OF THE BELLY Ocean City, Ma	
Your Chakras				ART 6:40p Gong Bath	OF THE BELLY Ocean City, Ma 5:30p Energy Cleanse Flow 9pm Playground	2 - 4 pm Reiki Share 3:10p Freedom Swing Review
Your Chakras 2pm Playground	7:50p Chair-lesque ^{5/6}			ART 6:40p Gong Bath	OF THE BELLY Ocean City, Ma 5:30p Energy Cleanse Flow 9pm Playground	2 - 4 pm Reiki Share 3:10p Freedom Swing Review
Your Chakras 2pm Playground 23	7:50p Chair-lesque ^{5/6} 24		26	ART 6:40p Gong Bath	OF THE BELLY Ocean City, Ma 5:30p Energy Cleanse Flow 9pm Playground	2 - 4 pm Reiki Share 3:10p Freedom Swing Review
Your Chakras 2pm Playground 23 ART OF THE BELLY 9am Chakra Balancing Sound Bath 12:50p WriteYourStory ThroughChakras	7:50p Chair-lesque ^{5/6} 24		26 9:20a Vinyasa Flow	ART 6:40p Gong Bath	OF THE BELLY Ocean City, Ma 5:30p Energy Cleanse Flow 9pm Playground 28	2 - 4 pm Reiki Share 3:10p Freedom Swing Review
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Grand Risings Flow, Restorative Flow, Balance/Mobility, and Empowerment/Meditation Flow = Carrie, crhealing222@gmail.com Writing Your Story Through Your Chakras and all Sound Baths = Alisa, alisa@serenitywritingworks.com Vinyasa Flow Yoga = Brittaney, brittaney@rootednestyoga.com Line Dancing = Ray, linedancingwithraymuller@gmail.com

Partner Dance Key:

e Key: Total Beginner, Ivl 0 / Advanced Beginner, Ivl 1 / Confident Beginner, Ivl 1.5 / Intermediate, Ivl 2 / High Intermediate, Ivl 2.5 / Advanced, Ivl 3