FEBRUARY 2025

Due to COVID, no walk-ins are accepted Pre-registration or private appointments only Appointments booked 7 days/week Parties booked Friday - Sunday



www.floorplaydance.com 302-307-9126 hello@floorplaydance.com
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MARCH 2025

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| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| 26 | 27 | 28 | 29 | 30 | 31 | 1 |
| Parties and Private lessons are | Playgrounds (Practice Time) | 55-min, Live Classes: | | | | 7am Grand Risings Flow |
| booked seven days a week. | One/\$12, Fifteen/\$100 | Single drop-in \$25 | | | | 9:20a Empowerment Flow |
| booked seven days a week. | expires in five months | Four/\$90, Eight/\$170 | | | | 10:30a Grand Risings Flow |
| | | | | | | |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 12:50 Writing Your Story Through | 9:20a Vinyasa Flow | 7am Grand Risings Flow | 9:20a Vinyasa Flow | 7am Grand Risings Flow | | 7am Grand Risings Flow |
| Your Chakras | | 4:20p Balance/Mobility | 1:30p Beginner Line Dance | 4:20p Restorative Flow | 4:20p Empowerment | 9:20a Empowerment Flow |
| 2pm Playground | | 4:20p Playground - Hall | 2:45p Imrpover Line Dance | | Meditation & Flow | 10:30a Grand Risings Flow |
| 3:10p Bellydance Basics ^{1/4} | | | 5:30p Twerk, All Levels | 6:40p Empath Energy | 5:30p Energy Cleanse Flow | |
| | 7:50p Chair Dance 1/6 | | 6:40p Femmeography | Cleansing Sound Bath | 9pm Playground | 2pm Lap Dance Workshop |
| 9 | 10 | 11 | 12 | 13 | Valentine's Day 14 | 15 |
| 9a Sounds o'Serenity Sound Bath | 9:20a Vinyasa Flow | 7am Grand Risings Flow | 9:20a Vinyasa Flow | 7am Grand Risings Flow | | 7am Grand Risings Flow |
| 12:50p WriteYourStory ThroughChakras | | 4:20p Balance/Mobility | 1:30p Beginner Line Dance | 4:20p Restorative Flow | 4:20p Empowerment | 9:20a Empowerment Flow |
| 2pm Playground | | 4:20p Playground - Hall | 2:45p Imrpover Line Dance | | Meditation & Flow | 10:30a Grand Risings Flow |
| 3:10p Bellydance Basics ^{2/4} | | | 5:30p Twerk, All Levels | 6:40p Valentine's | 5:30p Energy Cleanse Flow | |
| | 7:50p Chair Dance ^{2/6} | | 6:40p Femmeography | Sound Bath | 9pm Playground | |
| 16 | Presidents' Day 17 | | | | 21 | 22 |
| 12:50 Writing Your Story Through | 9:20a Vinyasa Flow | 7am Grand Risings Flow | 9:20a Vinyasa Flow | 7am Grand Risings Flow | | 7am Grand Risings Flow |
| Your Chakras | | 4:20p Balance/Mobility | 1:30p Beginner Line Dance | 4:20p Restorative Flow | 4:20p Empowerment | 9:20a Empowerment Flow |
| 2pm Playground | | 4:20p Playground - Hall | 2:45p Imrpover Line Dance | | Meditation & Flow | 10:30a Grand Risings Flow |
| 3:10p Bellydance Basics ^{3/4} | | | 5:30p Twerk, All Levels | 6:40p Gong Bath | 5:30p Energy Cleanse Flow | |
| | 7:50p Chair Dance 3/6 | | 6:40p Femmeography | | 9pm Playground | 2 - 4 pm Reiki Share |
| 23 | 24 | 25 | | | 28 | 1 |
| 9am Chakra Balancing Sound Bath | 9:20a Vinyasa Flow | 7am Grand Risings Flow | 9:20a Vinyasa Flow | 7am Grand Risings Flow | | 6p NAUGHTY GRAS |
| 12:50p WriteYourStory ThroughChakras | | 4:20p Balance/Mobility | 1:30p Beginner Line Dance | 4:20p Restorative Flow | 4:20p Empowerment | Pajamas Party, \$15pp |
| 2pm Playground | | 4:20p Playground - Hall | 2:45p Imrpover Line Dance | | Meditation & Flow | |
| 3:10p Bellydance Basics 4/4 | | | 5:30p Twerk, All Levels | | 5:30p Energy Cleanse Flow | costumes optional |
| | 7:50p Chair Dance 4/6 | | 6:40p Femmeography | | 9pm Playground | lite fare included |